

A large, stylized lowercase letter 'b' in a dark purple color. The letter is positioned in the upper half of the page. Inside the circular part of the 'b', the word 'baroosh' is written in a white, lowercase, sans-serif font.

baroosh

FOOD
www.baroosh.co.uk

in bread...

Fresh Soup Of The Day Home-made soup, bloomer bread and butter.	£3.95
All Day Breakfast Butty Soda farl bread, dry cured smoked bacon, mushrooms and a fried egg. <i>(Vegetarian option available)</i>	£5.95
Chicken Burrito Wrap Chicken marinated in lime and fajita seasoning, rice and black beans, cheese, guacamole, salsa, sour cream and slaw wrapped up in a tortilla. <i>(Vegetarian option available with mushrooms instead of chicken)</i>	£5.95
Devilled Prawns & Avocado on Toast Avocado on toast topped with spicy prawns, served with our own Bloody Mary dressing.	£6.95
New York Deli Sandwich Peppered beef pastrami, dill, cucumber, tomato, rocket, emmental, fennel and onion roll with American mustard.	£5.50
Chicken, Bacon & BBQ Roll Chicken breast, crispy bacon, BBQ sauce, cos lettuce, tomato in a fennel & onion roll.	£5.95
Brie Bruschetta Toasted bloomer, melted brie, rocket and cranberry & olive oil dressing.	£5.75

in leaves...

Smoked Fish, Beetroot & Potato Pancake Smoked mackerel, hot smoked salmon mixed with sour cream and horseradish, served with a beetroot salad on a potato pancake.	£7.50
Stilton & Mushroom Salad Stilton rolled in biscuit crumb, deep fried and served with a mushroom, butter bean and watercress salad.	£7.50
Grilled Halloumi, Herbed Polenta & Beetroot Salad Char-grilled halloumi, scattered with herby polenta and beetroot salad with our own caraway seed dressing.	£7.50
Bang Bang Chicken Crispy chicken, peanut satay bang bang dressing and shredded vegetables.	£6.95
Salt & Pepper Squid Deep fried squid, oriental salad and hoi sin dressing.	£6.95

All dishes in bread and leaves can have a mug of fries added for £1.50

bigger plates

Beefburger Beefburger, malted seeded roll, tomato, cos leaves, burger sauce, gherkin and skinny fries. <i>Add streaky bacon and emmental Cheese for £1.75</i>	£8.25	Pan fried Pollock Sustainable pollock fish fillets simply pan fried served with steamed green vegetables and a Sicilian lemon and butter sauce.	£9.95
Pork Escalopes Pork escalopes, breadcrumb and pan fried served with a cannellini bean, sundried tomato and cheese sauce with a watercress salad.	£8.00	Lamb Burger Lamb burger served on a naan bread with an onion bhaji, feta and olive tzatziki and a pickled chilli.	£9.00
Chilli Beef Pupusa's Smoke house chilli on a south American corn cake served with sour cream and guacamole.	£8.00	Steak Sandwich Rib-eye steak, rosemary, onion relish, ciabatta and skinny fries. <i>With peppercorn sauce £1.25</i>	£9.50
Grilled Chicken Breast Char-grilled chicken, mushroom, tomato, skinny fries and slaw. <i>With peppercorn sauce £1.25</i>	£8.50	Vegetarian Burger Home-made patty with sweetcorn, kidney beans, cannellini beans, cheese, spring onion & chives in breadcrumbs and skinny fries.	£7.95
Spicy Sausage & Lentil Casserole Cumberland sausages with a hearty lentil casserole, served with bloomer bread.	£7.25	Gammon & Eggs Char-grilled Gammon, free-range fried eggs, skinny fries and slaw.	£8.50
		Corn Fritters Home-made fritters, wilted spinach, halloumi and habanero salsa topped with a poached egg.	£8.00

nibbly bits & to share

Cocktail Sausages Mini Cumberlands, honey & mustard marinade, mustard mayo.	£3.75	Mixed Olives, Nuts or Snack Pistachios, cashews, olives and many more. Please ask for selection.	£2.95
Bang Bang Flautas Crispy chicken, peanut bang bang dressing in a mini tortilla, fried and served with our own chilli dressing.	£3.75	Goat's Cheese Fat Bread A slab of focaccia, melted goat's cheese and caramelised onions.	£6.95
Fish Fingers & Tartare Sauce Sustainable Cornish mackerel, home-made beer batter and tartare sauce.	£3.75	Not Just Any Nachos A Baroosh twist on classic nachos with giant tortilla chips, refried beans, hot bean salsa and the usual trimmings.	£7.95
Mozzarella Planks Mozzarella, breadcrumbs and salsa.	£3.50	Grazing Slate Honey and mustard Cumberland sausages, nacho chips, seasoned squid, mozzarella planks, seasoned wedges, cannellini bean & cheese dip and salsa.	£11.95
Cheese & Roquito Pepper Quesadilla Tortilla wrap, cheese, spicy peppers and salsa.	£3.50		
Edamame Beans With rock salt.	£2.95		

please check our daily additions

All items are subject to availability. All prices include V.A.T. Service is not included. Regrettably we cannot guarantee any items on our menu are free from nuts or our fish is free from bones.

naughty but nice all at £3.95

Orange Chocolate Brownie Delicious orange & chocolate torte.
Bakewell Tart Served with custard.
Sticky Toffee Pudding Served with custard.
Affogato Vanilla ice cream, chocolate espresso sauce and crushed biscotti.
Jam & Coconut Sponge Pudding Served with custard.
Lemon Drizzle Lovely & light served with winter fruits and mascarpone cheese.
Belgian Waffle Served with Dulche de Leche fudge sauce and vanilla ice cream.

sides

Mixed Salad	£2.25
Crusty Ciabatta, Olive Oil & Balsamic	£1.95
Seasoned Wedges with Sour Cream & Salsa or Roquito Pepper Aioli	£3.25
Skinny Fries with Spicy Mayo	£2.95
Steamed Green Vegetables	£2.00

Afternoon teas available all day everyday with freshly baked home-made scones & cakes and our credible hand crafted coffees & fairtrade teas